INSTITUTE OF SOCIAL SERVICE- KOLAD

जीवनधारा
JEEVANDHARA

ANNUAL REPORT

APRIL 2025 – MARCH 2026





- Community Empowerment
- Education for All
- Sustainable Livelihoods
- Health & Well-being



• Together we grow, together we thrive. •

Introduction

The Institute of Social Service (Jeevandhara) – Kolad has been dedicated to the development and empowerment of the Katkari tribe in Roha Taluka, Raigad District, since 1992. Through a focused approach to community development, we have extended our outreach to 36 villages across 15 Gram Panchayats, benefiting approximately 5,000 tribal individuals.

The Katkari tribe is classified as one of India's 75 Particularly Vulnerable Tribal Groups (PVTGs). Indigenous to the Maharashtra region (Pune, Raigad, and Thane districts) and parts of Gujarat. The Katkaris are traditionally known as Kathodis because of their ancestral craft of producing Katha (Catechu) from the sap of the Khair tree (Acacia catechu). They primarily work as agricultural labourers, gathered firewood, sell wild fruits, engage in fishing for personal consumption, prepare charcoal and work in brick making. Despite this, the tribal community continues to face numerous challenges, including low literacy, inadequate healthcare, unemployment, poor housing conditions, and limited livelihood opportunities.

The Institute of Social Service (ISS) continues to focus on several key areas to address these challenges and improve the lives of the Katkari people: Education, Women Empowerment, Health Care and Traditional Medicine, Sustainable Livelihoods, Youth and Community Development, and Strengthening Local Self-Governance.

VISION

Integrated and sustainable development of Katkaris wherein their identity and dignity are ensured.

MISSION

We commit ourselves to promote human dignity of the marginalized with the preferential option for the Katkari Tribes in Raigad district through participatory and sustainable development.

OBJECTIVES

- To uphold human dignity, gender equality & environmental sustainability.
- To create skill development and livelihood opportunities to make people self-reliant.
- To promote holistic health through traditional and alternative options.
- To inculcate democratic and good leadership practices at all levels, specifically by strengthening local government.
- To collaborate and network with our partners including governmental and non- governmental organizations.
- To have access to entitlements and rights through legal interventions.
- To enhance quality education through formal and vocational training.

AREA OF WORK



- Government Schemes and entitlements
- Education
- Women's Empowerment
- Environment
- Herbal Medicine/Health
- Youth Empowerment
- Livelihood



Government Schemes and entitlements

Nucleus Budget Individuals	40
Ladki Bahin Yojna	500
Ayushman Bharat Card	19
Caste certificates	28
Abha Card	55
Birth Certificates	6
Bank Accounts	14
Solar	2
School Scholarships	30
Gharkul-Jan Man Yojna	14
Sewing Machine	26
Income Certificates	61
Adhar Card/Update	16
PAN Card	10
BPL Certificates	36
Resident Certificate	156
Death Certificates	6
ABA Card	28
NOC	10
Anganwadi	2
Bonafide Certificate	14
Domicile Certificate	5

Life Certificates	5
Ghoshna Patra	2
Flour Mill Machine	2
Poverty certificates	5
Gharpatti	5
Vegetable Garden	12
Gram Panchayat (Chair)	30
Borewell Repair	1
Police Patil Dakhala	10
Grocery store	1

E-Shram Card	9
Pension Form	4
Job Card	4
Bank Loan	2
Samriddhi Mahila Bachat	1
Kisan Card	2
Panchayat Samiti (Chair)	25
Resolution Application	11
Bond Paper	14
Land Gradient	1



EDUCATION

Educational Exposure Visit to Police Station

The purpose of the visit was to help the children understand the role and responsibilities of the police in maintaining law and order, ensuring public safety, and serving the community.





Police Inspector Pramod Kadam and Shirke guided the children well in a playful atmosphere on various topics like child marriage and the importance of education for children.

Child Parliament (Bal Sabha)

We have 26 Bal Sabha groups which include around 1250 children. 373 Bal Sabha (Children's Assembly Session).

These sessions train the children to identify issues and initiate action at various levels in their villages.





This enables children to develop their leadership skills by taking small initiatives to improve the situation around them.



Supplementary Classes





There were 1806 supplementary classes for Adivasi children conducted in 36 Adivasi villages in Kolad.

Providing a support structure to lower the school drop-out rate, improves the attendance of the children, enhancing their learning through play-way method, improves the functioning of the schools by training the parents to participate in Parent-Teacher meetings.

Kishori Group (Adolescent Girls)

We have 435 girls under Kishori groups - Adolescent Girls. Sessions were organized in 36 tribal villages and 12 Maratha villages to empower girls aged 11 to 18 by focusing on health, nutrition, legal rights, and self-development. Young adolescent girls between the ages of 15 to 24 years are brought together in the Kishori Group to raise awareness of mental health, to provide basic financial literacy training, Menstruation, Hygiene and Cleanliness Day.









Six girls from this group have successfully completed their Nursing Course from MGL-Prabodhan Kaushalya Niketan, Mangaon.



Summer Camp

On 9th and 10th May 2025, a two-day Summer Camp was organized.

Karuna Gole Madam showed them to make useful, sustainable products from waste materials. Vibha Chore Madam and Dr. Richa Waghmare provided valuable guidance to the children on dental health.









Various indoor and outdoor games were organized during the camp, such as cricket, Lagori, Snakes & Ladders, chess, carrom, volleyball, and Ludo. They were shown a movie after their dinner - "Chhaava."

On the second day, Yoga session was conducted for the children. Prizes were distributed followed by lunch. They learnt how to make sustainable products from waste, learned how to take care of their teeth and body care.



Child Rights Awareness Program

On 12 October 2025, a program on **Child Rights** was organized. 200 children from 36 Adivasi villages attended. They had interactive sessions, educating children of their rights and privileges. Various games were played, encouraging teamwork and friendship.





The event sought to create a platform for children to understand and exercise their rights, fostering a sense of responsibility and confidence.





Workshop on Saving and Personality Development

On 13 December 2025, a workshop on "**Savings and Personality Development**" was conducted from 2.00 p.m. to 5 p.m. attended by 50 students from three Adivasi villages. **Ms. Bridget** led the session, discussing the significance of birth and the importance of self-identity.





Through examples and experiments students understood the importance of saving money. They were encouraged to save and anyone who saved Rs. 7000/- would be given a prize of Rs. 3000/- as an incentive.

They were also encouraged to save through the distribution of piggy bank boxes to every child.





Women's Empowerment

Constitution Awareness Session for women

On 9 January 2026, an awareness session on the Indian Constitution and local leadership was organized for Adivasi women.



Women were given an interesting topic for discussion: "What would you do if you became the Sarpanch of your village?"

The session helped the women understand the importance of The Indian Constitution in local self-governance and decision-making.





It was an opportunity to share their ideas; recognize their own leadership potential & understand that they too can play an important role in the development and progress of their community.

Active Self Help Groups (SHG) of Women

We have 83 Self-Help Groups which include 933 women. Every month regular meetings are conducted in the villages where women are encouraged to grow in decision-making and leadership skills. Various short input sessions were also given to them on Health, Education, Environment, Government schemes and Entitlements. Two out of three Self Help Groups from Yeral village received a loan of six lakh rupees. The Frist group used the money for Goat Farming while the second group have initiated a business of vegetable farming & sales.



On 12 March 2026, the women and adolescent girls from Yeral village planned and organized an excursion to S.K. Resort at Mangoan. 15 women and girls participated. During the trip, the women had a wonderful time and enjoyed themselves.



International Women's Day



On 8 March 2026, **International Women's Day** was celebrated with great enthusiasm. The theme of the Women's Day celebration was "Women – A Symbol of Beauty."

The programme was attended by several distinguished guests Tejaswini Galande from the Integrated Tribal Development Project, Pen; Sharayu Shinde - Child Development Officer, Pritam Patil - Taluka President of the National Congress Party; Dr. Neha Padwal; Pratibha Shinde; Prof. Amita Bamane; Shobha Khandekar; Vinayak Mahadik; Shamrao Shelke; Nilesh Waghmare; Santosh Waghmare; Father Francis, Director of the Social Work Seva Kendra; Sweta Vishwakarma - SKRSS team member; Hilda Fernandes - Director of Jeevandhara Institute of Social Service; Patsy Khan; Gracy Gomes, and others.

Approximately 500 women from 36 Adivasi villages participated. Various games and competitions were organized for the women, creating an atmosphere of joy, participation, and togetherness.



The distinguished guests honoured the participants by giving prizes to the participants and winners. The programme concluded with a fellowship meal, bringing the celebration to a warm and joyful close.













Environment

Earth Day

On 22 April 2025, Earth Day was celebrated in a few villages. The event helped to raise awareness about environmental conservation, waste management, & promote sustainable practices among children. They celebrated Earth Day by drawing and showcasing their commitment to protect the planet. The event aimed to inspire individuals to take small steps towards creating a more sustainable future.







Environment Day Celebration

On 04 June 2025, saplings were distributed to the people of 36 Adivasi villages with a motive to create global awareness to protect the environment and to make children understand the importance of the environment.





The idea for **World Environment Day** was to create a beautiful world which is free from pollution & scarcity of natural resources.

About 100 people from 36 villages, including girls from supplementary classes, children, teenager and women from self-help groups, were present. The women first cleared the area for planting the trees, then the children dug holes and planted the saplings. 50 trees were planted in each village. The children and women responded very well and enjoyed this care for nature.







Through this initiative, maximum trees were planted and the message of "**Plant trees, save trees**" was given to children and women to understand the importance of the environment.

Herbal Medicine / Health

Van Mohatsav Day

On 1 July 2025, Van Mahotsav Day was celebrated. As part of the celebration, various herbal plants were planted within the Institute premises, and they were distributed in a few villages by Elppe Pvt Ltd.







Health Promotion Trust (HPT) Training

On 22 December 2025 a significant session was held which was facilitated by Ms. Sharon. 40 HPT health workers participated in the session. The session focused on dietary needs, preventive health outreach, chronic disease interventions, community health education, importance of proper hygiene, nutrition & food recommendations for improving the health & immunity of all groups of people across rural regions.





Training for HPT Health workers is held on a monthly basis, meeting, planning, care of herbal gardens in the villages.

On 27 March 2026, a training session was held for 40 HPT health workers by Fr. Rocky, along with Ms. Sharon.



International Yoga Day

On 21 June 2025, 11th International Day Yoga was celebrated. All the villagers and a total number 75 children celebrated International Yoga Day in their respective villages.

The aim behind Celebrating the International yoga day was to raise Global awareness about the numerous benefits of Yoga for physical, mental and spiritual wellbeing and to encourage individuals to adopt yoga as part of their lifestyle





Health Checkup Camp

On 27 July 2025, a free Health Checkup Camp at Amardeep Institute - Mangaon, was organized by HPT, Mumbai.

60 people were taken to the camp from different villages for the medical check-up. Their eyes, teeth and joints were examined by medical professionals. Lab tests were also conducted.









Events and Celebrations

Adivasi Din (International Indigenous Day)

Jagtik Adivasi Din was celebrated on 9 August 2025, from 10.00 a.m. to 5.00 p.m. We started with a rally from Kolad in the morning. It was successfully held at Namrata Garden in Khamb. Some girls from the village performed a dance, and the entire staff of Jeevadhara presented a street play on child marriage. The aim of the program was to raise awareness about the rights, culture, and traditions of the tribal communities. Traditional dances and music performances showcased the rich cultural heritage of tribal communities. Workshops and lectures educated attendees about the history, struggles, and achievements of indigenous communities. The event fostered a sense of community and promoted appreciation for tribal cultures.









Independence Day Celebration

On 15 August, Independence Day was celebrated in 36 Wadis, Children participated in various activities from 7:00 a.m. to 10:00 a.m. The National Flag was hoisted in each Wadi, followed by the singing of the National Anthem. Children sang patriotic songs, performed dances, skits, showcasing their talents and love for the country.





Teachers Day Celebration

Teachers' Day was celebrated on 5th September 2025 at the Institute with all staff members. The special theme of the celebration was Maharashtra Traditional Dress. The celebration was organized to express gratitude and respect towards their teachers.







Children's Day Celebration

On 14 November 2025, Children's Day was celebrated with the theme “My Day, My Rights”. 500 children from 36 Tribal villages attended. Chief Guests-Mrs. Vardha Tai Sunilji Takare (Director, Wardhai Trust), Yoga Teacher Vibha Chorge, and Principal Karuna Gole graced the occasion. The program featured dances and street plays by children highlighting issues of child marriage. Guests spoke about child rights and education. The Vardai Charitable Trust provided basic amenities toothpaste, toothbrushes and water bottles, while others donated snacks and lunch.











Nandan Project (Nandan Festival)

On February 16, 2026, the Wadi Festival named Nandan Festival was held at Khindi Village under Nandan Project jointly by Jeevandhara and Dr. Prabha Tirmare for her dream of agriculture. Children from the Bal Sabha and Kishori groups, supplementary classes, women from the self-help groups as well as men and youth from the Wadi actively participated in the program. The villagers of the Wadi had done paddy and turmeric farming through collective efforts. The grains obtained from that farm were distributed to each family of the Khindi village. The festival provided an opportunity to showcase the efforts made towards agriculture, animal husbandry, and livelihood development. A total of around 150 people participated in the programme.









Festivals Celebration

Diwali Celebration

On 22 October 2025, Diwali was celebrated to promote cultural awareness and creativity among people while educating them about the significance of the festival.





Makar Sankranti Celebration

The women from the self-help groups took the initiative and successfully celebrated the program. It increased women's confidence and team spirit was observed. Social harmony and a joyful atmosphere were created in the villages.



Holi/Dhulivandan Celebration

During the Holi/Dhulivandan festival, everyone came together to celebrate the festival by playing with colours in the traditional manner. Children, adolescent girls, youth and other residents of the villages participated in this festival in large numbers.



Other Activities

Staff Capacity Building

From 5 to 7 June 2025, a three-day picnic to Goa was arranged as Staff Capacity Building. The objective was to visit various cultural, historical, and natural attractions in Goa, including Nirmala Institute, Pilar Church, Balaji Temple, Old Goa Basilica, Tropical Spice Plantation, Mangesh Temple, and Miramar Beach.











Livelihood Activity

Herbal Medicine Sale Participation – 14 to 16 September 2025





We actively participated in the Herbal Medicine Sale organized by HPT-Mumbai, at the Bandra Mount Mary Fair. This opportunity provided us with a valuable platform to promote and sell our herbal products, while also gaining exposure and connecting with a wider audience. The team extends heartfelt thanks to HPT for this enriching experience.

Livelihood Produce Sale at St. Anthony's Church, Vakola- 18 & 19 October 2025

On 18 and 19 October 2025, we actively participated in the Livelihood Product Sale organized at St. Anthony's Church, Vakola. The event showcased a variety of handmade and herbal products created by tribal women and self-help groups supported by Jeevandhara.





Official Visit of Ms. Philomena Sequeira



On 30 October 2025, Ms. Philomena Sequeira, President of the Institute of Social Service officially visited to Jeevandhara, Kolad. During her visit, she interacted with the sisters and staff members, reviewing the ongoing activities and initiatives, and encouraged the team in their continued efforts to serve and empower the community.



Monitoring Visit of ADA Project

On 10 and 11 November 2025, Mr. Clarence and Mr. Varghese conducted a monitoring visit for the ADA Project. During the visit, they reviewed the ongoing project activities. The visit was useful in reviewing the progress of the ADA Project and strengthening the efforts of the team towards achieving its objectives.





Life Coping Skills Summer Camp

On 22 and 23 May 2025, Life Coping Skills Summer Camp was conducted by the Edu@EL Group, Roha. The camp was organized to provide children with opportunities to learn important life skills in an enjoyable and interactive environment. During the two-day camp, children participated in various activities designed to develop their confidence, communication, creativity, teamwork, problem-solving abilities, and social skills.





Tribal Pride Day and Tribal Awareness Day

On 15 to 17 November 2025, Tribal Pride Day and Tribal Awareness Day were organized in Nagpur on the occasion of the birth anniversary of Bhagwan Birsa Munda. 28 people from Adivasi villages participated in these programs and benefited from the event.



REMEDIAL CLASSES TAKEN UNDER CSA PROJECT

Months	Number of Classes Taken in 12 Villages (Under Center for Social Action Project)
April	239
May	143
June	203
July	196
August	172
September	174
October	175
November	161
December	163
January	183
February	183
March	184
Total	2176

ACHIEVEMENTS/SUCCESS

Pahur Wadi Anganwadi Constructed





In Pahur village, the community faced challenges related to malnutrition, healthcare and lack of early childhood education facilities. Through awareness, community participation and continuous follow-up with the Gram Panchayat, an Anganwadi centre was approved and established. This provided children with a safe place for learning and improved access to basic services for children, pregnant women and lactating mothers.

Khindi Wadi Rice and Turmeric Cultivation



In Khindi village, an agriculture project was introduced to encourage children to understand farming and appreciate their parents' hard work. With proper guidance and support from the project, children increased their interest in agriculture, responsibility and practical learning.

Yashwantnagar Village Anganwadi Constructed

In Yashwantnagar village, people faced a problem because there was no proper and permanent place for children to study. The villagers followed up regularly with the Gram Panchayat for two years. Finally, Gram Panchayat's approval for the Anganwadi was received in 2025. The construction work was completed within six months in 2026. Today, children have an Anganwadi Center and early childhood education facilities.



Nucleus Budget Scheme

Jeevandhara initiated to apply for livelihood programs, under The Nucleus Budget Scheme at the Tribal Development Office, Pen.

In Gove Village two women of SHG groups, received Rs. 50,000/- for Flour Mill Machine for their livelihood.







In Khindi Village, an amount of Rs. 50,000/- has been sanctioned to a family for starting a small kirana store (grocery store) for their livelihood.

In Dhankhane Village, under the Nucleus budget Scheme, 26 women have received Sewing Machines for starting a small-scale business.





Each of them have started their own businesses and are doing good for their Livelihood



OUTCOME OF THE ACTIVITIES

During the year, the Institute of Social Service implemented various programmes focusing on education, community development, women's empowerment, child development, health, agriculture and support to vulnerable communities. The major outcomes were:

- **Improved Tribal Health:** Reduced seasonal illnesses and anemia through village health drives, nutrition camps, and local Arogya Sevika volunteer training.

- **Higher School Retention**: Increased primary enrollment and diminished dropout rates across Adivasi villages using remedial classes, educational kits and life-skills workshops for adolescent youth.

- **Women Financial Inclusion**: Formed active Self-Help Groups that built micro-saving habits, banking literacy, and social confidence among tribal women.

- **Access to Rights & Welfare:** Assisted marginalized families in securing key government documents (Aadhar, Ration Cards, Caste Certificates) to access social welfare benefits.

- **Livelihood & Economic Support:** Created supplementary income avenues like kitchen gardening, backyard poultry, and skill workshops to curb seasonal distress migration.

- **Community Leadership:** Strengthened participation in local Gram Sabhas to advocate for Adivasi land entitlements and civic amenities.

- **Natural Resource Management:** Conducted capacity-building workshops on organic farming and eco-friendly agricultural techniques for tribal farmers.

- **Institutional Collaboration:** Created strong linkages between tribal communities, social work interns, and government social welfare departments for ongoing support.