Three years collated annual reports (2021-2024)

INSTITUTE OF SOCIAL SERVICE – JEEVANDHARA, KOLAD

Annual Report 2021–2022

1. Women's Empowerment Initiatives



Jeevandhara conducted training and awareness sessions for women from various villages to help them understand their rights and potential. A special focus was given to forming and strengthening Self-Help Groups (SHGs) by providing guidance in bookkeeping, leadership, and accessing financial schemes. Street plays and legal awareness programs were conducted to inform women about laws related to domestic violence and gender equality, especially in rural areas where such knowledge is limited.



2. Health and Nutrition Support



We prioritized community health awareness, conducting health check-up camps, free eye check-ups in collaboration with Mumbai Eye Care Hospital, and regular sessions on hygiene, diet, and preventive care in tribal hamlets. Medical equipment was donated to government health centers (PHCs), and our team offered tiffin services for COVID-19 patients in quarantine. We also promoted the use of herbal medicines through a maintained herbal garden and by educating villagers on their benefits.

3. Covid-19 Response and Vaccination Drives

Amidst the ongoing pandemic, Jeevandhara actively collaborated with health authorities and community leaders to run vaccination campaigns across 35 villages, ensuring access to remote areas. Anganwadi and Asha workers were given special training sessions on COVID protocols and vaccine awareness. Nutritional kits were distributed to children and pregnant women to strengthen immunity.





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4. Relief During Emergencies

During the post-lockdown and flood emergencies, we provided immediate relief support by distributing food packets to over 300 families and extending aid in the Mahad flood-affected regions. This was done in collaboration with other NGOs and local authorities to ensure timely support and care for vulnerable families.

5. Livelihood and Sustainable Agriculture Programs



To support the tribal and farming communities, we distributed 15 varieties of seeds to 650 families, encouraging self-sufficiency in food production. Fishing nets were provided to 36 families dependent on rivers and creeks for livelihood. Sessions on organic farming, soil care, and rainwater harvesting were held to encourage environmental sustainability and income generation.

6. E-Shram Card and Government Scheme Facilitation

Efforts were made to connect informal workers to government benefits. Through door-to-door outreach and documentation assistance, we helped 94 individuals obtain their e-Shram cards, linking them to welfare schemes, insurance, and labor benefits.

7. Education and Child Development Programs

Children's holistic development was fostered through the formation of Children's Parliaments. Group activities included cleanliness drives, tree plantation, Van Bhojan (community meals), and leadership games. 37 bicycles were distributed to school-going children, especially those walking long distances. These efforts not only encouraged regular school attendance but built self-esteem among rural children.

8. Exposure Visits and Professional Training



Our team participated in exposure visits to Vedruna Holistic Health Centre in Gujarat to understand integrated community health practices. Twelve staff members were enrolled in a para-professional social work course through Nirmala Niketan, enhancing field efficiency and service delivery. Regular staff training was held under projects like CSA and Lokmanch to build capacity**.**

9. Youth and Women Empowerment Workshops (By Nirmala Niketan Students)

MSW students conducted insightful workshops covering themes such as Gram Panchayat roles, government schemes, health education, COVID awareness, and team building among youth.

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Sessions were also held with women on hygiene, mental health, and self-confidence. These interactions enhanced local knowledge and built community solidarity.

10. Special Celebrations and Community Events

Cultural and national celebrations brought communities together. Teachers' Day, Children's Day, Women's Day, Republic Day, and Independence Day were observed with active participation from villagers. On Women's Day, a police officer shared her inspiring journey, motivating rural women to pursue leadership roles. Recreational activities like games, songs, and skits were organized to engage children and youth.

11. Government and NGO Networking

We maintained strong collaboration with Gram Panchayats, the Tribal Development Office, Public Health Departments, and organizations such as Action Aid, ADA, CSA, and Lokmanch. These partnerships enabled us to access government schemes, funding support, and resource mobilization for various programs.

12. Key Challenges

- Early marriages among tribal girls.
- High migration rates and resulting school dropouts.
- Unemployment, especially among youth.
- Alcoholism and related domestic issues.
- Inadequate government support in certain zones.

13. Vision for the Future

We aim to:

- Establish a women's cooperative credit society.
- Promote Van Dhan Yojana and similar tribal welfare schemes.
- Deepen livelihood and herbal medicine promotion efforts.
- Create a sustainable model of integrated rural development based on health, education, empowerment, and ecology.

ISS Hostel Activities in the year 2021 - 2022

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Spiritual and Moral Formation

- The academic year began with a Prayer and Candle Light Procession, symbolizing hope and unity.
- Inter-faith prayer meetings were conducted once every two months, promoting spiritual inclusiveness.
- A special emphasis was laid on the formation of human values through various reflective activities.

Celebrations and Cultural Activities

- Festivals like Diwali, Dussehra, Christmas, Makar Sankranti, Holi, and Hostel Traditional Day were celebrated, fostering unity in diversity.
- Independence Day and Republic Day were commemorated with patriotic fervor.
- Fresher's Party welcomed new students, while the Farewell Party honored outgoing residents.

Student Welfare and Development

- Regular counselling sessions were conducted to support the emotional and mental well-being of students.
- Parent meetings were held twice during the year to ensure family engagement and transparency.
- Career guidance and a nurturing atmosphere were provided to help students chart their professional paths.

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CHUIM COMMUNITY CENTRE – ANNUAL REPORT 2021–2022

1. Vision and Mission

The centre continued its commitment to holistic and sustainable development in Khar Danda, with a focus on healthcare, education, women and child empowerment, self-reliance, and leadership. Our mission has been to empower individuals by promoting dignity, peace, gender justice, and collaboration through meaningful community initiatives.

2. Livelihood and Skill Development Initiatives ***(Aligned with SDG 1: No Poverty)***

To support financial independence, CCC conducted several **livelihood programs**:

- **Career guidance workshops** for youth and women.

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- **Skill development partnerships**, notably through the **Tata Strive Initiative**.
- **Basic Fashion Designing Course** offered hands-on learning to enhance employability.
- The **Srujna Income Generation Project** supported women's small-scale production.
- **English Speaking Classes** improved communication skills.
- **Credit Co-operative Society** facilitated savings and access to credit.

3. Hunger Relief and Nutrition Support ***(SDG 2: Zero Hunger)***

Recognizing ongoing post-pandemic needs:

- **Free ration kits** were distributed to families in need.
- **COVID-19 Relief Camps** offered food and basic essentials during lockdown periods.

4. Health and Wellness Initiatives ***(SDG 3: Health for All)***

CCC emphasized preventive and promotive healthcare:

- **Health check-up camps** were organized for early detection and basic screening.
- **Regular Yoga and Dance classes** encouraged physical wellness and stress relief, especially for women and young people.

5. Education and Child Development ***(SDG 4: Quality Education)***

Children remained a priority in CCC's agenda:

- **Early Childhood Development Programs** included a **creche** with 22 enrolled children.
- **Parent meetings and input sessions** were conducted to improve family involvement in early learning.
- These programs ensured a safe and educational environment for toddlers, while enabling mothers to engage in livelihood activities.

6. Women's Empowerment and Gender Justice ***(SDG 5: Gender Equality)***

Focused and sustained efforts were made for gender equality:

- **Capacity-building sessions** were held in slum communities.

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- **Domestic Violence Intervention Programme** provided crucial support for affected women.
- **Legal consultation and family court support** was made available through Advocate Rushila Rebello.
- **POSH (Prevention of Sexual Harassment) trainings and consultations** were conducted for corporate clients (e.g., RBI, Ratnakar Bank, Calypso Tech, SGSCO) in Mumbai and Chennai.
- Online consultations and case follow-ups became more prevalent in handling workplace sexual harassment.

7. Youth Empowerment and Exposure

CCC created opportunities for youth:

- Organized an **exposure visit to Kharasgaon**, allowing youth to connect with rural development practices.
- Youth benefitted from **career workshops, corporate linkages**, and **skill acquisition**, opening doors to employment and broader aspirations.

8. Collaborations and Networking *(SDG 17: Partnerships for the Goals)*

- CCC emphasized building **strong alliances with NGOs, corporate bodies, and government systems**.
- Partnerships provided access to technical, legal, financial, and training support, expanding CCC's outreach and effectiveness.

9. Community Impact Overview

- Women became **more empowered socially and economically**, with greater confidence and decision-making roles.
- Increased **exposure to technology** through online learning platforms.
- Greater **community leadership and solidarity**, especially among women-led groups.
- Rise in awareness and resolution of **POSH cases**, supported by trained CCC personnel.
- Youth gained access to **information, networks, and employment pathways**.

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10. Key Challenges

- Ongoing **land issues** due to government leasing uncertainties.
- The impact of **COVID-19** lockdowns restricted in-person programs.
- Persistent **lack of human and financial resources**.
- **Low motivation** among certain population segments to engage in community development efforts.

Jeevandhara Centre Report (2022–2023)

Women empowerment programs

During the year, Jeevandhara Centre worked closely with women to help them earn a better living and become more confident. Four women's Self-Help Groups (SHGs) started small businesses with the help of the Nucleus Budget Scheme. These groups received support to buy two cloth bag printing machines, one paper plate-making machine, and one brick kiln. In the first week of October, officials visited the centre, and soon after, a trainer came from Nasik to teach the women how to use these machines. The women attended a five-day training, which helped them learn new skills and gave them the confidence to run their businesses.

The Institute also encouraged individual women to take advantage of the Nucleus Budget Scheme. Three women from Yeral, Gove, and Yashwant Nagar applied for support to start vegetable vending businesses. Their applications were approved, and they received ₹20,000 each. By October, they got half of the amount and began selling vegetables in their villages to support their families.

Apart from these livelihood programs, regular SHG meetings were held every month in different villages. These meetings helped the women improve their leadership skills and make better decisions for their groups and families. During the meetings, the women also learned about important topics like health, education, the environment, government schemes, and their rights. Slowly, the women became more aware of their own dignity and the opportunities available to them.

On August 23, 2022, Jeevandhara organized a workshop on women's empowerment at the Good Shepherd Centre in Karjat. Fifty-five women took part and shared their life experiences. They also learned about different activities that help women become stronger and more independent.

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Later in the year, between November 15th and 18th, 2023, Jeevandhara and three SHG groups took part in the Birsa Munda Jayanti celebration, also known as Tribal Pride Day, organized by the Tribal Development Department in Nashik. More than 350 stalls were put up at the event. Jeevandhara set up a stall where the SHG women displayed their products, met other entrepreneurs, and learned how to market their goods.

In March 2023, Women's Day was celebrated in a special way. Cluster-level events were held in several villages such as Garbat, Khindi, Kamath, Gove, and Yashwant Nagar. Fun activities and games were organized for women, helping them come together and enjoy the day. On March 8, Jeevandhara-Kolad took 60 tribal women on an exposure visit to Mumbai. They visited famous places like the Gateway of India and the Nehru Planetarium, met with the Vatsalya Foundation, and spent relaxing time at the beach. The next day, on March 9, Vidi Seva Samiti organized another Women's Day program at Dhankane Wadi, where around 60 women participated. This event focused on women's empowerment and the importance of girl child education. Tribal and non-tribal adolescent girls also joined the program, making it more meaningful.

Environment Programs – Jeevandhara (2022–2023)

Jeevandhara Centre carried out several activities during the year to create awareness about the environment and to promote eco-friendly practices among the people.

On July 30, 2022, Jeevandhara, in partnership with the Sustainable Green Initiative Agency, organized a Go Green Program. As part of this initiative, about 1300 plant saplings were distributed to different villages. The saplings included varieties like Jamun, Sitafal, Bamboo, Lime, Guava, Dalimb, and Amla. The people from the villages received the plants warmly and promised to take care of them. This activity encouraged the villagers to contribute towards protecting nature and improving their surroundings.

A few days later, on August 5, 2022, a special tree planting event was held in Yashwant Nagar. The event was graced by Mr. Rajesh Thalkar from the Forest Department, Fr. Rudolf Andrades from Roha, and the village Sarpanch. With the active support of the local people, the event went smoothly. The highlight of the event was the efforts of the children from the Balsabha group, who took the lead in promoting cleanliness and tree planting. Their sincere involvement impressed everyone and became a shining example of care for the environment.

The Go Green activities did not end there. Women from various wadis (hamlets) actively participated in the plantation drive. Inspired by the children's enthusiasm, they joined in large numbers and worked together to keep their surroundings clean and plastic-free. Their efforts brought visible changes in the villages, encouraging others to take responsibility for the environment.

Later in the year, on November 25, 2022, a special session on Climate Change was conducted at Kamath Wadi. This program was organized by student social workers along with the wadi animators. About 80 people, including many children, took part in the session. The program

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aimed to spread awareness about global warming and the dangers it brings to the planet. Through simple explanations and interactive discussions, the participants learned about climate change and how small efforts at the village level can help in protecting the environment.

To promote healthy eating and self-sufficiency, Jeevandhara distributed 473 vegetable seed packets to families across 37 wadis in Kolad. These kitchen gardens helped villagers grow fresh vegetables at home, improving their nutrition and reducing expenses.

On November 25, 2022, a climate change awareness session was held at Kamath Wadi. About 80 villagers, including children, learned about global warming and its impact on the environment. The session encouraged everyone to take simple steps to protect the planet.

Educational Activities – Jeevandhara (2022–2023)

School Bag Distribution

On August 15, 2022, Jeevandhara distributed 1,000 school bags to children from all its sectors. The event was held during the Independence Day celebrations with the support of Zilla Parishad school teachers. The distribution added joy to the children's celebrations and encouraged them to continue their studies.

Educational Exposure Visit

On December 3, 2022, about 25 tribal youth went on an educational exposure trip organized by the Institute. They visited a historic site related to King Shivaji's rule. The trip was guided by staff members, including wadi prerikas, an animator, and a social worker, who helped the youth learn about the importance of their history and heritage.

Piggy Bank Distribution

On November 29, 2022, Jeevandhara, along with the Akansha Foundation, organized a special event for the children of Dhankane Wadi. Piggy banks and nutritious food were distributed to the children. They also learned about the value of saving money and healthy eating habits.

Adivasi Youth Leadership Camp

From January 20 to 22, 2023, 27 young people from Jeevandhara attended a three-day leadership camp at Don Bosco Yuva Sanstha, Karjat. The camp focused on developing leadership skills among Adivasi youth. The participants showed great interest and actively took part in all the activities.

Health and Hygiene Programs – Jeevandhara (2022–2023)

Health Awareness for Girls

On October 8, 2022, a health awareness session was held for around 150 girls and women at Jeevandhara. Three doctors from Mumbai guided them on menstrual hygiene and breast cancer

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awareness. At the end of the session, sanitary pads and clothes were distributed to the participants.

Eye Checkup Camp

On March 4, 2023, Jeevandhara organized a free eye checkup and cataract screening camp with Jhunjhunwala Shankar Eye Care Hospital, Panvel. About 100 people benefited from the camp, and 17 were identified for cataract surgery.

Nutritious Snacks Sale

On December 9–10, 2022, Jeevandhara took part in a conference at Nirmala Niketan, Mumbai, by setting up a stall of healthy snacks like laddoos, puran poli, and ragi flour. The sale promoted traditional and nutritious food while supporting women's self-help groups.

Participation in Health Rally

On February 16, 2023, seven members from Jeevandhara participated in the Annual Health Rally organized by the Health Promotion Trust at Holy Name School, Colaba, Mumbai.

Nutritious Kit Distribution

On March 17, 2023, CSA provided 192 nutritious kits for adolescent girls (Kishoris) in 12 wadis. Along with kit distribution, the girls were educated on the importance of health and nutrition, helping them understand the value of balanced nourishment.

Community Development Activities – Jeevandhara (2022–2023)

Katkari Uttan Camp

A Katkari Uttan Camp was organized by the Tehsil office to share information about government schemes. Around 100 people from Jeevandhara's wadis took part. The camp helped with important tasks like updating ration cards and getting income and caste certificates. Wadi prerikas played a key role in motivating the villagers to participate.

Assisting in Government Schemes

The animators regularly visited Gram Panchayats, Tehsil offices, and Tribal Welfare Departments, helping beneficiaries access schemes and government benefits.

Visit to Mantralaya

On September 21, 2022, Jeevandhara staff attended a Tribal Development review meeting at Mantralaya, where important tribal issues like education, health, and employment were discussed with the Minister and other officials.

Lokmanch - Community Leaders Training

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A team-building session was held for about 35 community leaders to help them understand local issues better and work together towards solutions. The session included interactive activities highlighting the importance of teamwork.

Teachers' Day Celebration

On September 9, 2022, Teachers' Day was celebrated for the Institute staff. Student social workers organized talks and fun games to express gratitude and foster bonding.

Children's Day Celebration

Children's Day was celebrated on November 13, 2022, with nearly 400 children from 36 wadis. The event included cultural programs, gift distribution, and sweets. Special children were also honored, making the event joyful and inclusive.

Visit of ADA Project Team

On January 20, 2023, Ms. Reyes Rigo, Vice President of the ADA Project, visited Jeevandhara as part of the project monitoring process. The visit provided an opportunity to share the activities and progress of the project directly with the ADA representative.'

Activities:

Fresher's party: In order to get to know each other fresher party was arranged by the senior hostelities on Tuesday, 2 August, 2022. Lots of planning work was done in order to organize the event which helped the hostelites to explore their skills and talents in different areas like anchoring, artistic skills, organizing event etc. It also boasted their self-confidence. There were different games –ice breakers, dances by seniors and spontaneous solo singing and dances by the fresher's too. NN Hostel Ms. Fresher was chosen during the course of the games along with the first and second runner up! Snacks and sumptuous meal was served. Management were part of the function too.

Inter religious prayer service: In order to fulfill the fourth objective of inculcating human democratic values and tolerance and for each other religion and to promote peace harmony and tolerance, an Inter religious prayer service was organized with the active participation of the hostelities on Wednesday, 24 August, 2022. There was an atmosphere of perfect silence and peace. Most of the girls were dressed in white, seated on the floor as per Indian tradition and maintained discipline. The sacred passages from seven Holy books of different religions were prayerfully read and reflected upon. Thereafter, devotional hymns were sung and everyone dispersed in silence and peace. Each girl was given a snack after the service. The management members participated in the service and were taken up by the conduct of the hostelities and congratulated Rena and Betty for the same.

The Nirmala Niketan Hostel, which primarily serves students from the College of Social Work and the College of Home Science, has a total capacity of 72 students. If vacancies remain,

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students from other colleges are also considered for admission. The hostel reopened on June 12, 2022, welcoming a total of 70 students from various institutions.

Among the residents, 24 students belonged to the College of Social Work, while 28 came from the College of Home Science. Additionally, 19 students were from St. Xavier's College, and one student each from Sophia College and TISS joined the hostel.

The Social Work student group included 23 students distributed across various programs such as MSW and BSW. The Home Science section had 28 students pursuing courses from FYJC to MSc. Students from other colleges included 19 from St. Xavier's, one from Sophia, and one from TISS. The hostel continues to provide a supportive and inclusive environment for students from diverse academic backgrounds.

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NAVRATRI/DIWALI: We celebrated our festivals of Diwali and Dandiya in full gusto. A prayer service was held and various students explained the meaning of the rituals. The hall was decorated with diyas all over depicting the significance of the festival of light. Dandiya dance was enjoyed by all the hostelities. The students were encouraged to dress in traditional costumes and danced to dandiya tunes. A special Diwali vegetarian dinner was served.

Holi was celebrated by the girls at Chowpatty beach.

Makarsankranti was also celebrate was celebrated by flying kites on the terrace.

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The Christmas programme involved a lot of work in getting the hall decorated, planning the starters, menu, cultural programme, anchoring, exchange of gifts etc. but all was systematically carried out by the hostelities. In spite of their busy schedule all willingly came forward and co-operated in the smooth functioning of the event.

Birthday celebration: Though not together but among themselves birthday celebrations are held encouraging them to make everyone feel special on their birth days.

Hostel meeting: Meetings were conducted with the students as it served a good platform to raise their concern. It was also helpful in expressing the issues from the side of the warden and her assistant as well as the management.

Academic achievement: After the Diwali vacation the Social Work Students had to go for Block Placement. It was a very insightful and knowledgeable experience for the students. College of Home Science student's achievement – Jennifer James and Forum got Prizes for their research in Avishkar competition. They were appreciated for their achievements and congratulated. It was boost to other students too.

Hostel Day celebration: Hostel day Celebration day was held on 8th December which is also the Institute day. A number of activities were planned to celebrate the hostel day. The celebration began with a diya procession. Mrs. Beverly Alphonso the chief guest spoke of her carrier life as a woman. She also described how she managed the dual role as a mother and a professional. The inputs followed an interactive session wherein a number of doubts were raised and clarifications were sought. A bouquet was offered to Ms. Sabeena to congratulate her on taking the responsibility as Vice-president.

Republic Day and Independence Day: Both these celebrations were successful in inculcating democratic values and the responsibility as citizens. The patriotic songs were sung and cultural programme was performed by the girls. The speeches were well prepared and delivered. It helped to develop leadership qualities.

Farewell: The Junior hostelities got an opportunity to make it special for the outgoing students on the farewell day. There were games and cultural program organized. Each outgoing student was given a take away gift as a remembrance of the hostel.

Amenities provided to the Hostelities: A sanitary napkin incinerating machine is installed; a new water cooler for the hostelities and extra fans are fixed in most of the rooms.

Chuim Community Center 2022- 2023

Session on Development of Self

A session aimed at personal development was conducted, with 15 participants actively engaging.

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The focus was on building self-awareness, confidence, and emotional well-being. Participants expressed appreciation for the tools and insights gained.

2. Domestic Workers Training at the Centre
Twenty domestic workers attended a skill-building session at the centre. Training included knowledge on labor rights, time management, and workplace safety. The session also fostered solidarity among participants.

3. Participation in Empowerment Programs: Leadership Session
A leadership development session was conducted with the participation of 40 individuals. It focused on enhancing decision-making skills and promoting community responsibility. Attendees were encouraged to take on local leadership roles.

4. Session on Self-Growth by Social Worker in the Slum
Our social worker conducted a session focusing on self-growth and enhancing quality of life. Residents were guided on goal setting, managing stress, and maintaining a positive outlook. The session emphasized small daily improvements for long-term impact.

5. Microcraft-Candle Making Workshop
Thirty sewing class students, along with support from Srujna, participated in a candle-making workshop. This microcraft training was designed to offer an alternative livelihood skill. Participants showed enthusiasm and creativity in the hands-on session.

6. Fitness and Wellness Exercises
Regular fitness and wellness sessions continue with about eight regular participants. These include stretching, breathing techniques, and light exercises. The initiative aims at promoting physical health and mental rejuvenation.

7. Doctor Visits at the Centre
Doctors visit the centre every Wednesday and Saturday, attending to about 5–8 patients per session. These visits ensure consistent and accessible healthcare support for the community. Common ailments and basic health concerns are addressed on-site.

8. Free Medical Checkups and Polio Pulse
Free medical checkups are conducted periodically to ensure community well-being. The centre also administers Polio Pulse to infants as part of national immunization efforts. These services are crucial for preventive health care.

9. Doctor Visits to the Crèche
Doctors make regular visits to the crèche to monitor children's health. This helps in early detection of issues and maintaining child wellness. Parents find reassurance in the consistent medical oversight.

10. Health Awareness Sessions in Slums
A session by our social worker in the slums focused on health, diet, disease prevention, and

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hygiene. Residents were encouraged to adopt healthy habits and maintain cleanliness. The session aimed at reducing common illnesses through awareness.

11. MMR and MR Vaccination Camp
A vaccination camp was held for children up to 15 years to administer MMR and MR vaccines. This initiative supports government efforts in disease prevention. The camp saw active participation from parents and caregivers.

12. Ecology Awareness for Crèche Children
Children at the crèche were introduced to basic concepts of ecology. Through interactive activities, they learned about plants, animals, and environmental care. This builds an early understanding of sustainability.

13. Independence Day Celebration
Crèche children celebrated Independence Day with patriotic songs, dances, and flag hoisting. The event instilled a sense of national pride and unity. Parents and children enjoyed the cultural program together.

14. Picnic for Crèche Children and Parents
A fun-filled picnic was organized for crèche children and their parents. It served as a recreational break and helped strengthen family and community bonds. Activities included games, storytelling, and shared meals.

15. Dahi Handi Celebration
The centre celebrated Dahi Handi with an aim to inspire children to "think big and look upwards." It included team-building games and motivational storytelling. Children learned values of courage and collaboration.

16. Women's Day Celebration
A police officer was invited as the chief guest to share her experience of being a woman in a challenging profession. Her story inspired many women present, encouraging them to face life boldly. The session was both emotional and empowering.

17. E-Shram Card Application Drive
Informal laborers were assisted in applying for the E-Shram card. This helps them access government welfare schemes and identity as workers. Many expressed gratitude for this support in securing benefits.

18. Celebrations: Navratri, Diwali, Haldi-Kumkum
Festivals like Navratri, Diwali, and Haldi-Kumkum were celebrated with enthusiasm. These celebrations fostered cultural bonding and joy among community members. Traditional games, sweets, and rituals added vibrancy to the centre.

19. Session on Self-Defense
The Inner Wheel Club conducted a self-defense session at the centre. Women were taught basic

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techniques to protect themselves in case of danger. The initiative built confidence and physical preparedness.

20. Session on Gas Safety
A gas safety session was conducted to promote awareness and accident prevention. Participants were taught how to detect leaks, handle emergencies, and use equipment safely. This initiative was well-received for its practicality.

21. Sharing Success Stories
Several beneficiaries shared how the centre empowered them to become self-reliant. These stories included securing employment, educating children, and managing households. Their journeys inspired others to pursue change.

Institute of Social Service 2023-2024

1. Tailoring Classes for Adolescent Girls and Women

Tailoring classes were conducted with the goal of empowering adolescent girls and women to become self-reliant and financially independent. A total of 25 women enrolled in these sessions and attended regularly. Over time, they learned to stitch different garments confidently. The practical skill-building enabled some of them to begin taking orders from their neighborhoods, thereby earning an income and contributing to their household expenses. The program not only enhanced their economic capabilities but also boosted their self-esteem and confidence.

2. Mahila Mandal (Women's Group Meetings)

Jeevandhara organized monthly Mahila Mandal meetings to bring together women from the community for mutual learning, support, and empowerment. These gatherings featured discussions on topics such as women's health, rights, parenting, and domestic issues. Special motivational sessions and skill-building activities were also held, encouraging women to take initiative and develop leadership qualities. These consistent interactions fostered a sense of unity and empowerment among the women, many of whom began actively participating in community decisions and supporting one another.

3. Balwadi (Preschool Education for Children)

The Centre runs three Balwadis located in Ganpat Patil Nagar, Azmi Nagar, and Kanchpada to serve underprivileged children aged 3 to 5 years. Around 90 children are enrolled across these centres. The Balwadis focus on imparting foundational learning—such as alphabets, numbers, and basic moral education—while also promoting personal hygiene, social behavior, and

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physical activities. Nutritious snacks are provided regularly to support the children's growth. These early interventions help prepare children for formal schooling and contribute to their overall development in a safe and nurturing environment.

4. Community Support and Relief Initiatives

Jeevandhara extended timely help to families facing economic hardship or emergencies. More than 50 families received essential support in the form of grocery kits, medicines, and hospital-related assistance. During times of illness or crisis, the centre ensured that the most vulnerable were not left alone. The staff accompanied patients to hospitals, provided moral support, and followed up with families to ensure recovery and well-being. This compassionate outreach was deeply appreciated by the community.

5. Sponsorship for Children's Education

Through the support of sponsors, Jeevandhara ensured that 150 children from low-income families were able to continue their education. The program covered school fees, textbooks, stationery, and uniforms, reducing the financial burden on families. Regular visits to children's homes and schools helped track their academic performance and overall well-being. The centre also organized motivational and educational sessions to keep the children inspired and focused on their goals. This initiative has prevented many children from dropping out of school and given them a hopeful future.

6. Youth Development Sessions

The centre conducted focused developmental sessions for youth, particularly adolescents, to help them navigate life's challenges and pursue career opportunities. These included soft skill training, personality development, and career guidance workshops. Through interactive discussions and activities, the youth were encouraged to reflect on their strengths, set goals, and stay committed to their dreams. Many participants expressed feeling more confident and better prepared for higher education or employment opportunities.

7. Health Awareness Programs

A series of health awareness sessions were organized for various age groups, with a special focus on women and adolescents. Topics included nutrition, personal hygiene, menstrual health, and prevention of substance abuse. These sessions, conducted by healthcare professionals and trained social workers, provided accurate information and encouraged participants to adopt healthier

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habits. In some cases, referrals to medical facilities were made for further treatment. The initiative contributed to an overall improvement in health awareness within the community.

8. Legal and Social Awareness Campaigns

Jeevandhara played a proactive role in educating the community about important legal rights and protections, particularly for women and children. Sessions were held on the Prevention of Child Sexual Offences (POCSO) Act, domestic violence laws, and child rights. Participants were informed about the appropriate channels for reporting abuse and accessing support services. These campaigns empowered individuals to recognize injustice, speak up, and seek help when necessary. They also built a stronger understanding of gender equality and child protection.

9. Exposure Visits for Learning and Growth

To broaden horizons and offer new experiences, the centre organized educational exposure visits for both children and women. These included trips to parks, cultural landmarks, and institutions where participants engaged in recreational and learning activities. Such outings were designed not only for entertainment but also for personal development, helping participants build confidence, teamwork, and a broader understanding of the world around them. The visits were often the first time many had stepped outside their immediate neighborhoods.

10. Celebrations and Festivals

The centre celebrated a variety of festivals and important days including Independence Day, Republic Day, Women's Day, Children's Day, Christmas, and Diwali. These events brought together children, youth, women, and staff in a joyful and inclusive manner. Activities included cultural programs, games, singing, dancing, and sharing sweets. These celebrations fostered community bonding, preserved cultural traditions, and gave participants moments of joy and togetherness in their otherwise challenging lives.

ISS Hostel (2023 – 2024)

Activities

Parents Meeting

An online meeting was conducted to enable parents and guardians from India and abroad to participate. It provided clarity about hostel rules and regulations, and feedback from parents was received positively.

Fresher's Party

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A Fresher's Party was organized in the Home Science College Hall by senior hostelites and staff. It involved anchoring, dance, games, and a "Ms. Fresher of NN Hostel" contest, followed by snacks and a meal.

Inter-Religious Prayer Service

Held in August, this event focused on peace and unity. Hostelites read from sacred texts, sang devotional songs, and observed silence. Management appreciated the discipline and involvement of all students.

Festive Celebrations

Festivals such as Diwali, Dassera, and Eid were celebrated together to promote unity. Holi was celebrated at Chowpatty beach, and sweets were distributed during Makar Sankranti. Christmas preparations included crib-making, a cultural program, and gift exchange.

Birthday Celebrations

Individual birthdays were celebrated to make each hostelite feel special.

Hostel Meetings

Regular meetings offered a platform for students to voice concerns and engage in dialogue with the staff and management. An online parents' meeting was also held on July 31.

Safety Session by Nirbhaya Police

The women's safety team from the Nirbhaya Committee visited the hostel to conduct a session and continue to visit monthly to check on the wellbeing of the residents.

Emotional Support

Wardens and staff offered emotional support and were available to listen and guide the girls through their challenges.

Academic Achievements

Post-Diwali, students from the Social Work stream attended Block Placements. Students like Anjali Vatwani, Jennifer James, and Taihara won prizes in the Avishkar research competition. Amita from MSW I secured first rank in her class. Hostelites also actively participated in college events and extracurricular activities.

Hostel Day Celebration

Celebrated on December 8, coinciding with Institute Day. The event featured a diya procession, a motivational talk by Mrs. Adel Fernandez, cultural performances in traditional attire, and expressions of cultural diversity.

National Festivals

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Republic Day and Independence Day were observed with patriotic songs, speeches, and cultural performances, reinforcing values of citizenship and leadership.

Farewell

Junior hostelites hosted a warm farewell for outgoing students with performances, games, and a gift of a bag for each senior. Gratitude was expressed towards staff and management.

Amenities Provided

A second-hand fridge was made available to students for food storage.

Online Exchange Program

Students participated in an international online exchange program with peers from Japan and Portugal. Contact details were exchanged, and cross-cultural sharing was encouraged.

Chuim Community Center 2023-2024

1. Livelihood and Skill Development

- Domestic Workers Training: Provided skill-building sessions to enhance employability and dignity of domestic workers.
- Srujna Financial Literacy Talk: Around 30 participants attended this session focusing on saving, spending, and earning practices.
- Tailoring Class Awareness: Sessions were held for young girls on self-awareness and responsibility.

2. Community Outreach and Empowerment

- Slum Community Engagement: Social work students regularly worked in slum areas, organizing health awareness sessions and supporting vulnerable populations.
- Awareness Programs: Topics included health, hygiene, self-care, substance abuse (in collaboration with Bombay Hospital Nurses), and government schemes like Sanjay Gandhi Pension.
- E-Shram Card Registration: Helped unorganized workers register for social security benefits.
- Day with Construction Workers: Outreach to laborers through support services and awareness drives.

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3. Ecological and Sustainable Initiatives

- LSAP Goals (Laudato Si Action Platform): Focused on responses to environmental concerns and the poor, promoting ecological spirituality and sustainability.
- Adoption of Sustainable Lifestyles: Nutrition and child health sessions were conducted for women, encouraging healthy, low-cost living practices.
- Community Resilience: Emphasis on building empowered communities through education and local leadership.

4. Children and Youth Development

- Children's Sessions: Multiple sessions and games were conducted for children at the center, including interactive topics like needs vs. wants, and hygiene.
- Youth Participation: Youth were engaged in leadership activities and encouraged to volunteer in community programs.

5. Intercultural and Interfaith Engagement

- Festival Celebrations: Major religious festivals like Diwali, Eid, and Christmas were celebrated together, promoting unity in diversity.
- Interfaith Activities: Hosted inter-religious events to foster mutual respect and dialogue among different faith groups.

6. Education and Awareness

- Sessions by Experts: Resource persons like Dr. Aruna and Dr. Sarla conducted sessions for mothers on emotional, nutritional, and physical health of children aged 0–5.
- Input Before Festivals: Awareness inputs were given to children and youth before major festivals to promote cultural understanding.

7. Institutional Strengthening and Partnerships

- Inner Wheel Club & Other Networks: Collaborated with various community-based organizations for greater impact.
- Lay Leadership Promotion: Training sessions and reflection spaces were conducted to build leadership among local volunteers and beneficiaries.

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